

Psalms of the Day

This is a method for reading or praying from the Psalms that will systematically expose you to all of the Psalms over time.

Each day, spend 30 seconds skimming five psalms based on the day of the month.

1. First look at the Psalm for that day of the month. For instance, on the 12th of the month you would look at Psalm 12.
2. Then keep adding 30 until you have five Psalms.

After looking them over, select one that stands out to you on that day, and read or pray through the passage in more detail.

Day 1	Psalm 1, 31, 61, 91, 121
Day 2	Psalm 2, 32, 62, 92, 122
Day 3	Psalm 3, 33, 63, 93, 123
Day 4	Psalm 4, 34, 64, 94, 124
Day 5	Psalm 5, 35, 65, 95, 125
Day 6	Psalm 6, 36, 66, 96, 126
Day 7	Psalm 7, 37, 67, 97, 127
Day 8	Psalm 8, 38, 68, 98, 128
Day 9	Psalm 9, 39, 69, 99, 129
Day 10	Psalm 10, 40, 70, 100, 130
Day 11	Psalm 11, 41, 71, 101, 131
Day 12	Psalm 12, 42, 72, 102, 132
Day 13	Psalm 13, 43, 73, 103, 133
Day 14	Psalm 14, 44, 74, 104, 134
Day 15	Psalm 15, 45, 75, 105, 135
Day 16	Psalm 16, 46, 76, 106, 136
Day 17	Psalm 17, 47, 77, 107, 137
Day 18	Psalm 18, 48, 78, 108, 138
Day 19	Psalm 19, 49, 79, 109, 139
Day 20	Psalm 20, 50, 80, 110, 140
Day 21	Psalm 21, 51, 81, 111, 141
Day 22	Psalm 22, 52, 82, 112, 142
Day 23	Psalm 23, 53, 83, 113, 143
Day 24	Psalm 24, 54, 84, 114, 144
Day 25	Psalm 25, 55, 85, 115, 145
Day 26	Psalm 26, 56, 86, 116, 146
Day 27	Psalm 27, 57, 87, 117, 147
Day 28	Psalm 28, 58, 88, 118, 148
Day 29	Psalm 29, 59, 89, 119, 149
Day 30	Psalm 30, 60, 90, 120, 150
Day 31	Psalm 119

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